

# NOVEMBER 2011 **CheerForce Jaguars Senior Team Newsletter**



## Coaching Staff

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## Tentative Competition Schedule 2011-2012

FALL CLASSIC  
November 5<sup>th</sup>, 2011  
1<sup>ST</sup> Place

CHEER 4 THE CURE  
December 10<sup>th</sup>, 2011  
Oshawa, GM Center

BIG EAST BLAST  
February 4<sup>th</sup>, 2012  
Kingston, K Rock Center

PROVINCIALS  
March 3-4 2012  
Kitchener, The Aud

AmeriCheer  
Internationals  
Disney World, FL  
March 17-18, 2012

NATIONALS  
Niagara Falls, ON  
May 2012

## Team Update

Well the Lady Jags are off to a great start. After coming from an undefeated season we have continued the streak. Fall Classic was our first competition and the girls did great. With so many new athletes on the floor this year it was great to see everyone push to work together. Looking forward to the rest of the year, we need to keep up the motivation and SHOW UP TO PRACTICE!!!! Ladies we don't have much time together so please make it worth it!!! Let's Go Jags!

## Fruit List

Please make sure you bring in your fruit on your day!

## Parent Appreciation Day

Wednesday December 7<sup>th</sup> – 7-9pm  
We will have refreshments and snacks

## Secret Santa

We will be picking names for Secret Santa and each athlete is to bring in a gift on the day of our Christmas party. The max amount is \$10.

[www.cheerforcejaguars.com](http://www.cheerforcejaguars.com)

Twitter : CFJaguars

Facebook: CF Senior Jags 2011/12

## Athlete of the Month

### Monika Kuligowski

Monika is brand new to CF this season but if feels like she has been here forever! She has taken such a leadership role and is also competing with the CF Open All Girl 6 team. She has had such an impact to our program and teams she is on. She continues to strive and work harder and her punch front is almost in the routine. Keep at it!!!

## Cheer For The Cure Bows

If you still owe the \$2 for the pink bow please bring that in for the girls who went through all the effort of buying materials and making the bows

## Final Florida Payment

\$325 due December 1st

## Winter Tumbling Classes

Registration will be available by Nov 25  
Sunday January 8<sup>th</sup> – Sunday February 26<sup>th</sup>

Register online or with Solo  
Sundays ONLY!

2-3pm  
3-4pm  
4-5pm

**"Train Like a Champion Today!"**