

JR BUZZ



COACHES

CHRIS HOLLINGSWORTH

chris@cheerforceinc.com

ERIC MARTEL

eric@cheerforceinc.com

CHRISSY MARTEL

chrissy@cheerforceinc.com

MICHELE LARRY

Michele@cheerforceinc.com

GENERAL INQUIRIES-

info@cheerforceinc.com

FINANCIAL INQUIRIES -

sharon@cheerforceinc.com

2011 - 2012 Competitions

November 5 - Fall Classic (2nd)

Nov 11-13 - Queen of the Nile
(Very close 2nd place!)

Dec 10 -Cheer for the Cure (2nd)

March 3 - 4 - Provincials

Mar 21 - 25 - Battle at the Beach

May 12 - 13 - Nationals

PARENT AND ATHLETE INFO

Gym info:

Stunt Clinic Friday February 17th

This is open to anyone wanting to learn how to base stunts that they may not be doing at the level they are at now OR for tops who want to learn how to do higher level skills then they are currently training at. Cost is \$20.00 per athlete. Cheerforce Athletes only. 6:30-8:30.

Family Day Weekend

We are still open this weekend and will be having practices on the Saturday and Sunday. The gym is closed MONDAY only.

Evaluation Sheets

All athletes will be given an evaluation sheet in the month of February. This is a kind of "progress report" that is given by coaches to each individual athlete. It will let each team member know what level they are currently working at in relation to stunting, tumbling etc. and let them know what they need to attain to move up a level. We are hoping it will help both the athlete and parent have a better understanding of where the coaches are coming from in regards to team placement in the spring.

CHCH visit

CHCH channel 11 news will be coming to the gym to film during for their morning breakfast show on February 10th. We will have more details to follow.

Camp Weselka

The dates for camp Weselka will be August 10,11,12th 2012.

Nationals Hotel

If anyone is looking for a hotel for Nationals weekend in Niagara Falls please call the Fallsview Hilton, 6361

Fallsview Blvd,905-354-7887. Please book by March 15th to get a good rate. Please ask for group book ins and use "cheerevo- cheerforce" for your booking.

Picture Day

Picture day will take place the end of February. We will have exact dates for each team by the end of the week.

February

ATHLETE OF THE MONTH

Jess

Jess - Wow! Stunting machine Jess! Keep up the great work. Your dedication and positive attitude is a great example for the whole team!

WORD FROM A BUZZER

Hey girls!

We're so excited about how far the team has come this year. We've been able to work together as a team and help each other improve on all our skills. We can't wait for our upcoming competition as our routine is better then ever. We've been really determined to improve on all the new elements the coaches have added to our routine and have fought to make everything hit even when it's hard. We need to remember to stay focused and always push ourselves to do better! This team has defiantly been one of our favourites because everyone is welcomed and included. It's great that we can get so much done but also have fun at practices. We've been doing so well all year and we can't wait to see how far this team can really go. And as the famous Buzz Lightyear said himself, "What's important now is that we stay together."

Schylar and Nicole