

# NEWSLETTER



## MINI DORI – FEBRUARY, 2012

### News / Events from the Gym

**NEXT COMPETITION CHEER EVOLUTION PROVINCIALS** – March 3<sup>rd</sup> & 4<sup>th</sup> Provincial competition that will take place at the Kitchener Auditorium

### **WOLFPACK GYM INFORMATION**

Family Day Weekend. We are still open this weekend and will be having practices on the Saturday and Sunday. The gym is closed MONDAY only.

**Evaluation Sheets.** All athletes will be given an evaluation sheet in the month of February. This is a kind of "progress report" that is given by coaches to each individual athlete. It will let each team member know what level they are currently working at in relation to stunting, tumbling etc. and let them know what they need to attain to move up a level. We are hoping it will help both the athlete and parent have a better understanding of where the coaches are coming from in regards to team placement in the spring.

**Weather and Apparel** – We ask that the girls come with outdoor shoes and change into their cheer shoes when they get to practice, so they don't wet/dirty the mats and their shoes before practice. Also WOLFPACK CLOTHING to practice.

**Bring a bag for your belongings** – so the girls can easily hang their things up and keep them together without getting lost, labeling goes a long way. We also ask that the girls don't bring in valuable's. – there are team bins now during practice so a bag is the easiest way to keep all of your things together.

**Calendars for sale!** – Check with the front desk, \$17.00

**Stunt Clinic Friday February 17<sup>th</sup>**- This is open to anyone wanting to learn how to base stunts that they may not be doing at the level they are at now OR for tops who want to learn how to do higher level skills then they are currently training at. Cost is \$20.00 per athlete. It is only open to Cheerforce Athletes. From 6:30-8:30 pm

**Follow us on Twitter @CFWolfPack, @CF\_AllStars, @wadeester24 @Michelle\_CFWP and @jesmontoya**

### Team News / Upcoming Events

**Picture Day** - Picture day will take place the end of February. We will have exact dates for each team by the end of the week.

**Nationals Hotel** . - If any parents are looking for a hotel for Nationals weekend in Niagara Falls they can call this number. 905-354 7887. It is the Fallsview Hilton located at 6361 Fallsview Blvd. Please book by March 15th to get a good rate. Please ask for group bookings and use "cheerevo- cheerforce" for your booking.



### Athlete of the Month

**Rhian!!!!**

Rhian has grown so much through this season of cheerleading on the mini dori team! She listens very well and is always such a nice team mate with a positive attitude. She stepped up to the plate HUGE in buffalo when her whole routine changed last minute, she didn't complain, put a wonderful smile on and performed like she had been doing it all year. GREAT WORK RHIAN!

### Theme Day

**Tuesday, February 14<sup>th</sup> Valentines day!** – wear pink, red, white and we will have a mini valentines day celebration!- **STILL PRACTICE-ABLE CLOTHES ☺**

### Parent Rep Emails

Bev: [b-taylor@cogeco.ca](mailto:b-taylor@cogeco.ca)

Alex: [Alex.Specogna@lafarge-na.com](mailto:Alex.Specogna@lafarge-na.com)

### 2011–2012 Competitions

March 3<sup>rd</sup>–4<sup>th</sup>, 2012 - Provincials, The Aud  
Scotiabank Niagara

May 11<sup>th</sup>–13<sup>th</sup>, 2012 - Nationals,

### Gym Contact Information:

905-844-4884

info@cheerforceinc.com - General Inquires

sharon@cheerforceinc.com - Financial Inquires

### Coaches Contact Information:

Alyssa Wadey – [Alyssa.wadey@hotmail.com](mailto:Alyssa.wadey@hotmail.com)

Michelle – [michelle@cheerforceinc.com](mailto:michelle@cheerforceinc.com)

Jess Montoya – [jess@cheerforceinc.com](mailto:jess@cheerforceinc.com)