

# NEWSLETTER



## MINI CRUSH – NOVEMBER

### News / Events from the Gym

**FALL CLASSIC** – order of performance is now available – <http://canadiancheer.com/wp-content/uploads/2010/11/Fall-Classic-2011-Sched-A.pdf>

Meet Time: 11:00am (@ the athlete entrance)

Performance Time: 12:42am

### **NO TUMBLING ON SATURDAY NOVEMBER 5th, 2011**

#### **P.A. DAY CAMP** – Friday, November 18

Online registration now available  
\$39.55 per person, taxes included  
9–4pm – bring a lunch, snack and water bottle

**PRO CHEER ORDERS** – next deadline date is November 15<sup>th</sup>, 2011

Delivery in time for Christmas for everything **EXCEPT** no promises for jackets or pants.

**NEXT COMPETITION** – Mega Jam – Saturday December 3<sup>rd</sup>, 2011 – Cleveland, Ohio

**Follow us on Twitter @CFWolfPack,  
@CF\_AllStars and @SamCFWP**

### Team News / Upcoming Events

Mini Crush had an awesome month of October. We had several athletes learn new skills, had a successful blitz day and mastered the entire routine. The girls look awesome and are ready for Fall Classic. Be sure to watch the “mini’s on a mission to **CRUSH** the competition”!

#### **Athlete of the Month**

**EVERY!!!**

Congratulation Avery! It’s an honour to present the month of October’s Athlete of the month to this girl. She came in September with a broken arm and was unable to fully participate. Then, just a couple of weeks ago the cast came off and Avery was more than ready to go. She quickly got her back handspring back and even learned a new skill – roundoff back handspring. Way to go Avery and keep up with the awesome determination to be better.

#### **Theme Day**

Saturday November 26<sup>th</sup>, 2011

**MO**vement – come to practice wearing your best moustache to raise awareness for our male counterpart’s health, particularly prostate cancer. Draw it, glue it, paint it – use our imagination!!

### **2011–2012 Competitions**

November 5<sup>th</sup>, 2011 – Fall Classic, Hershey Nationals, Indianapolis

December 3<sup>rd</sup>, 2011 – Mega Jam, Cleveland, Ohio

January 13–15<sup>th</sup>, 2012 – JamFest

March 3<sup>rd</sup>–4<sup>th</sup>, 2012 – Ontario

### **Gym Contact Information:**

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