

NEWSLETTER

YOUTH RAFIKI-FEBRUARY



News / Events from the Gym

Stunt Clinic - Friday February 17th from 6:30-8:30pm. This is open to anyone wanting to learn how to base stunts that they may not be doing at the level they are at now OR for tops who want to learn how to do higher level skills than they are currently training at. Cost is \$20.00 per athlete. It is only open to Cheerforce Athletes.

Family Day Weekend - We are still open this weekend and will be having practices on the Saturday and Sunday. The gym is closed MONDAY only.

Evaluation Sheets - All athletes will be given an evaluation sheet in the month of February. This is a kind of "progress report" that is given by coaches to each individual athlete. It will let each team member know what level they are currently working at in relation to stunting, tumbling etc. and let them know what they need to attain to move up a level. We are hoping it will help both the athlete and parent have a better understanding of where the coaches are coming from in regards to team placement in the spring.

CHCH visit - CHCH channel 11 News will be coming to the gym to film during for their morning breakfast show on February 10th. We will have more details to follow.

Camp Weselka - The dates for camp Weselka will be August 10, 11, 12th 2012. This is a weekend this year.

Nationals Hotel - If any parents are looking for a hotel for Nationals weekend in Niagara Falls they can call this number (905)354 7887. It is the Fallsview Hilton located at 6361 Fallsview Blvd. Please book by March 15th to get a good rate. Please ask for group bookings and use "cheerevo- cheerforce" for your booking.

Picture Day - Picture day will take place the end of February. We will have exact dates for each team by the end of the week.

Follow us on Twitter @CFWolfPack,
@CF_AllStars, @SamCFWP, @jesmontoya,
@Michelle_CFWP and @Wadeester24

Team News / Upcoming Events



Youth Rafiki travelled to Buffalo and places 4th out of 5 teams. The team performed better than ever! We are very proud of how well the girls picked up the new skills and worked them on the floor. The girls really have started a great foundation to build on in preparation for Provincials. Keep up the hard work and it will be sure to pay off!

Athlete of the Month

SKINNER!!!

Skinner is new to the CheerForce family and cheer as well for that matter. She is always at practice and is a huge asset to the team. Skinner is highly motivated to and is never afraid to try something new. In fact, she usually gets it right the first try. Keep up the positive attitude Skinner!

Theme Day

February 28th, 2012 – CheerForce Pride

This is the last practice before Provincials. What better way to get into competition mode then wearing your Saturday's best - GOLD and BLUE -

2011-2012 Competitions

March 3rd-4th, 2012 - Ontario Championships, The Aud
May 11th-13th, 2012 - Nationals, Scotiabank Niagara Falls

Gym Contact Information:

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One FORCE, One FAMILY - GO FORCE!