

RAJAH



COACHES

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2011 - 2012 Competitions

CHEER EVOLUTION FALL CLASSIC

1st PLACE

All Star Challenge QUEEN 'O NILE

NATIONAL CHAMPS

CHEER EVOLUTION CHEER 4 T CURE

1st PLACE

CHEER EVO PROVINCIALS

March 2-4, 2012

BATTLE AT THE BEACH

March 21-25

CHEER EVOLUTION

NATIONALS

May 11-13, 2012

PARENT AND ATHLETE INFO

A TEAM RAJAH ROAR

Team Rajah has been working hard since the last competition to improve our skills! But now that we are getting closer to competition time, it's time for us to finish learning our new routine and start to improve our stunts, jumps, and tumbling!

In March we will be in two different competitions, Provincials and Myrtle Beach! There will be lots of competition, so we will have to work hard and try our best! Let's show those teams that we deserve to be #1!! - Emma

OTHER GYM NEWS:

1. Stunt Clinic Friday February 17th. This is open to anyone wanting to learn how to base stunts that they may not be doing at the level they are at now OR for tops who want to learn how to do higher level skills then they are currently training at. Cost is \$20.00 per athlete. It is only open to Cheerforce Athletes.
2. Family Day Weekend. We are still open this weekend and will be having practices on the Saturday and Sunday. The gym is closed MONDAY only.
3. Evaluation Sheets. All athletes will be given an evaluation sheet in the month of February. This is a kind of "progress report" that is given by coaches to each individual athlete. It will let each team member know what level they are currently working at in relation to stunting, tumbling etc. and let them know what they need to attain to move up a level. We are hoping it will help both the athlete and parent have a better understanding of where the coaches are coming from in regards to team placement in the spring.
4. CHCH visit. CHCH channel 11

news will be coming to the gym to film during for their morning breakfast show on February 10th. We will have more details to follow.
5.CF Camp Weselka - The dates for camp Weselka will be August 10,11,12th 2012. This is a weekend this year.

RAJAH OF THE MONTH! LISSA DANTE!

Lissa started late but caught up fast! Through hard work, Lissa is improving her skills and having a great time doing it. GREAT JOB!

PAST AOM:

DEC-HALIEGH D

NOV-MARTHA T

OCT-AMANDA H

SEPT-EMMA C

Rajah Fruit List

Feb 2: Angela

Feb 5: Emma

Feb 9:Savannah

Feb 12:Amanda

Feb 16: Maria

Feb 19: Hailey

Feb 23: Kristen

Feb 26: Martha

“working together to succeed together”