

# JR ROUNDUP



## PARENT AND ATHLETE INFO

### UPCOMING EVENTS

- \* Stunt Clinic - Friday Feb 17th \$20.00  
6:30 to 8:30
- \* Camp Weselka - Aug 10 11 12

### UPCOMING Competitions:

- \* Provincials - March 3rd & 4th 2012

### Family Day weekend -

- Monday February 20th
- \*NO PRACTICE
- \*Enjoy time with your families!

**Mid Term Evaluations:** This month each athlete will be sent home with an evaluation form highlighting their progress and recommendations for improvement. Please make sure to ask your children for their evaluation form.

### MANDATORY ATTENDANCE -

It is very important to have full team practices. If you do not have a great excuse your role on the team will be limited each practice missed so the team does not suffer for your lack of commitment. Thank you in advance.

**J2 TUMBLING:** I will be offering a tumbling class Sunday afternoons for our junior 2 athletes who need extra time on their tumbling. Please contact me for more info if you are interested. [chrissy@cheerforceinc.com](mailto:chrissy@cheerforceinc.com)

**\*Keep pushing your skills!**

**Valuables** - Please leave all valuables at home. Please bring a bag that is able to close shut in order to keep your belongings in order and safe.

\* **Team BIN** - you must place all belongings in your team bin prior to practice.

**Winter Boots-** Please bring two pairs of shoes and keep all wet foot wear off the blue mats.

## FEBRUARY

ATHLETE OF THE MONTH

### 'Emma Nott'

Emma you are athlete of the month because of your leadership this season. You always go above and beyond to make everyone feel great. Keep pushing yourself, and keep enjoying what you do. Great work in Indy, and on your back handspring this month we are so lucky to have you! :)

### ATTENTION ATHLETES! "Junior Roundup thats whats up"

### JR 2 Hits hard in INDY!!!

Congrats J2! we are beyond proud of your accomplishments in INDY! you not only performed well both days you were also presented with the sportsmanship award which truly explains the team we have.

You are all so talented and fun and we are so lucky to have you as a team this season. Let's keep it going strong into Provincials.

**Extra Nationals Fee DUE - \$22.60**  
Please ensure you send a cheque or cash to cover the extra nationals fee that was due last month

**Nationals Hilton Hotel** - call 905 354 7887 for a discounted rate.  
"working together to succeed together"

## COACHES

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### 2011 - 2012 Competitions

November 5 - Fall Classic ( 3rd )

Dec 10 - Cheer 4 the Cure (3rd)

Jan 13 - 15 - Indianapolis (13th)

March 3 - 4 - Provincials

May 12 - 13 - Nationals